Dance Competition Checklist

Print it. Tick it. Pack each routine with confidence.

Dancer: _____ Competition / Date: _____

START HERE Follow your studio's costume, hair, makeup and arrival instructions first.

COSTUMES + SHOES

- [ ] Every costume + separate pieces
- [ ] Accessories, jewellery + hairpieces
- [ ] Correct shoes for every routine
- [ ] Required tights + spare pairs
- [ ] Studio-approved undergarments
- [ ] Labelled garment bags + hangers

HAIR + MAKEUP

- [ ] Brush + tail comb
- [ ] Elastics, pins, hairnets
- [ ] Gel, hairspray + spray bottle
- [ ] Studio-required makeup + brushes
- [ ] Lip colour + required lashes
- [ ] Makeup remover + small mirror

EMERGENCY KIT

- [ ] Needle, thread + safety pins
- [ ] Small scissors + fashion tape
- [ ] Spare hair supplies + tights
- [ ] Bandages + tissues
- [ ] Lint roller + hand sanitiser

FOOD + COMFORT

- [ ] Water bottle + familiar snacks
- [ ] Lunch / meal + ice pack
- [ ] Napkins, utensils + rubbish bag
- [ ] Warm-ups + easy-change shirt
- [ ] Comfortable shoes + going-home outfit
- [ ] Bag for used clothes + quiet activity

PARENT ESSENTIALS

- [ ] Latest routine schedule saved
- [ ] Arrival / check-in instructions
- [ ] Venue, parking + studio contact
- [ ] Tickets / passes + wallet
- [ ] Charged phone, cable + power bank

OPTIONAL EXTRAS

- [ ] Rolling bag / garment rack if allowed
- [ ] Steamer if permitted + fabric-safe
- [ ] Blanket / chair if venue allows
- [ ] Overnight hotel bag kept separate
- [ ] Sibling snacks + activities

PACKING TIP Use page 2 to check each routine before the costume goes in its bag.

Every Routine, Every Piece

A separate check for each number prevents last-minute surprises.

Dancer: _____ Competition: _____

Write each routine name and number. Tick each item after laying out the complete outfit.

ROUTINE 1 # _____

Name: _____

- [ ] Costume + all pieces
- [ ] Accessories + hairpiece
- [ ] Shoes + correct tights
- [ ] Undergarments
- [ ] Hanger + labelled bag

ROUTINE 2 # _____

Name: _____

- [ ] Costume + all pieces
- [ ] Accessories + hairpiece
- [ ] Shoes + correct tights
- [ ] Undergarments
- [ ] Hanger + labelled bag

ROUTINE 3 # _____

Name: _____

- [ ] Costume + all pieces
- [ ] Accessories + hairpiece
- [ ] Shoes + correct tights
- [ ] Undergarments
- [ ] Hanger + labelled bag

ROUTINE 4 # _____

Name: _____

- [ ] Costume + all pieces
- [ ] Accessories + hairpiece
- [ ] Shoes + correct tights
- [ ] Undergarments
- [ ] Hanger + labelled bag

ROUTINE 5 # _____

Name: _____

- [ ] Costume + all pieces
- [ ] Accessories + hairpiece
- [ ] Shoes + correct tights
- [ ] Undergarments
- [ ] Hanger + labelled bag

ROUTINE 6 # _____

Name: _____

- [ ] Costume + all pieces
- [ ] Accessories + hairpiece
- [ ] Shoes + correct tights
- [ ] Undergarments
- [ ] Hanger + labelled bag

FINAL DOOR CHECK

- [ ] Costumes
- [ ] Shoes
- [ ] Hairpieces
- [ ] Food + water
- [ ] Phone + schedule

Remember: Check competition venue rules for outside food, racks, changing spaces and appliances.